



CONSTITUTION OF THE INTERNATIONAL ICE SWIMMING ASSOCIATION ("IISA")

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Rules

PROMOTION OF SWIMS

- 1) Promotion of any claimed Ice Swim prior to formal IISA approval is not permitted and will not be recognised and/or supported by IISA.
- 2) An IISA member shall refrain from claiming or using the terminology of an Ice Swim or Ice Mile or Ice Kilometre unless the swim has been approved by IISA.
- 3) A Member Ice Swimmer will endeavour to promote IISA rules.