

## CERTIFICATE OF MEMBERSHIP

This is to certify that

Mark Dempsey

ICE ID: 366 - ICE MILE: 1

has successfully qualified as an ICE member of the

## INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Clontraf, Ireland 02-Feb-2019

1.0000 mile / 1.61km in 29:09 minutes Water 2.40°C, Wind Chill 5.00°C, 53.36° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



