



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Marek Grzywa**

ICE ID : 219 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Zywieckie lake, Zarzecze, Poland

19-Mar-2017

1.0000 mile / 1.61km in 40:27 minutes

Water 4.52°C, Wind Chill 9.40°C, 49.72° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

