



CERTIFICATE OF MEMBERSHIP

This is to certify that

Alison Cardwell

ICE ID : 43 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Camlough Lake, Northren Ireland

10-Feb-2013

1.0000 mile / 1.61km in 32:00 minutes

Water 2.90°C, Wind Chill 0.00°C, 54.16° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

