



CERTIFICATE OF MEMBERSHIP

This is to certify that

Rona Lucas

ICE ID : 550 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield Lake, South Yorkshire, UK

20-Jan-2024

1.0000 mile / 1.61km in 36:01 minutes

Water 4.60°C, Wind Chill 4.00°C, Altitude 0m, 0.02° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

