



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Kara Permisohn**

ICE ID : 551 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Oyster Harbour, Annapolis, MD, USA

04-Feb-2024

1.1000 mile / 1.77km in 43:01 minutes

Water 4.70°C, Wind Chill 4.40°C, Altitude 0m, 38.92° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

