



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Padraig Mallon**

ICE ID : 35 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh**

**12-Dec-2015**

**1.0000 mile / 1.61km in 26:24 minutes**

Water 4.10°C, Wind Chill 1.00°C, 54.35° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

