



CERTIFICATE OF MEMBERSHIP

This is to certify that

Lucy Ashdown Parkes

ICE ID : 444 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield, Doncaster, UK

29-Jan-2022

1.0200 mile / 1.64km in 33:44 minutes

Water 4.99°C, Wind Chill 10.10°C, Altitude 0m, 53.58° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

