



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Gerald Daringer**

ICE ID : 402 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Aguelmam Sidi Ali, Khenifry, Morocco

25-Feb-2024

1.0253 mile / 1.65km in 29:21 minutes

Water 4.57°C, Wind Chill -0.90°C, Altitude 2080m, 33.07° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

