



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Jaimie Monahan

ICE ID : 178 - ICE MILE : 5

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



M Street Beach, Boston, Massachusetts, USA
09-Mar-2017

1.0100 mile / 1.63km in 26:16 minutes

Water 4.63°C, Wind Chill 6.10°C, 42.33° N

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

