



CERTIFICATE OF MEMBERSHIP

This is to certify that

Nichola Murch

ICE ID : 495 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Parliament Hill Lido, London, England

10-Feb-2023

1.0200 mile / 1.64km in 26:02 minutes

Water 4.70°C, Wind Chill 2.00°C, Altitude 46m, 51.56° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

