

CERTIFICATE OF MEMBERSHIP

This is to certify that

Fearon Cassidy

ICE ID: 496 - ICE MILE: 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lough Owel, Mullingar, Ireland 28-Jan-2023

1.0000 mile / 1.61km in 45:41 minutes Water 4.33°C, Wind Chill 7.20°C, Altitude 97m, 53.58° N

YOU ARE OFFICIALLY FROZEN



IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

