

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Gerald George

ICE ID: 314 - ICE MILE: 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Rounseville Pool, Prescott, USA 09-Feb-2024

1.0303 mile / 1.66km in 32:34 minutes Water 4.80°C, Wind Chill 0.60°C, Altitude 1656m, 34.57° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com