



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kate Steels**

ICE ID : 110 - ICE MILE : 8

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Lyndon, New Zealand

31-Aug-2019

1.0500 mile / 1.69km in 31:57 minutes

Water 3.93°C, Wind Chill 4.50°C, 43.30° S

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

