



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Cath Pendleton

ICE ID : 147 - ICE MILE : 10

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Worthersee , Krumpendorf am Worthersee ,
Austria

20-Feb-2023

1.0000 mile / 1.61km in 38:24 minutes

Water 4.90°C, Wind Chill 4.10°C, Altitude 480m, 46.37° N

YOU ARE OFFICIALLY FROZEN

10+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

