



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Frank Hallissey**

ICE ID : 247 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lough Derg, Kilaloe, Ireland

12-Feb-2020

1.0000 mile / 1.61km in 34:05 minutes

Water 4.80°C, Wind Chill -1.10°C, 52.81° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

