



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Krzysztof Gajewski

ICE ID : 428 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Kopalnia Wroclaw, Wroclaw, Poland

12-Mar-2023

This swim constitutes a Marathon Ice Swim

3.1069 mile / 5km in 1:24:43

Water 4.84°C, Wind Chill 1.90°C, Altitude 112m, 51.21° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

