



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**James Bridges**

ICE ID : 86 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



64acre Lake, UK

02-Mar-2014

1.1000 mile / 1.77km in 21:43 minutes

Water 4.60°C, Wind Chill 2.00°C, 55.38° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

