



CERTIFICATE OF ACHIEVEMENT

This is to certify that

James Brown

ICE ID : 63 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Treeton Dyke, England

30-Nov-2013

1.1600 mile / 1.87km in 43:00 minutes

Water 4.18°C, Wind Chill 5.00°C, 53.38° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

