

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID: 55 - ICE MILE: 6

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

mikkelvik brygge, Norway 06-Mar-2017

1.0000 mile / 1.61km in 34:05 minutes Water 2.53°C, Wind Chill -8.40°C, 70.01° N

YOU ARE OFFICIALLY FROZEN
Polar, 5+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



