



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID : 55 - ICE MILE : 5

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Wild Water Armagh Pool

16-Jan-2016

1.0000 mile / 1.61km in 32:30 minutes

Water 0.77°C, Wind Chill 4.00°C, 54.35° N

YOU ARE OFFICIALLY FROZEN

Extreme, Zero, 5+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

