



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ger Kennedy

ICE ID : 55 - ICE MILE : 13

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Paradise Bay, Antarctica

24-Feb-2020

1.0300 mile / 1.66km in 34:02 minutes

Water 0.53°C, Wind Chill -1.10°C, 64.90° S

YOU ARE OFFICIALLY FROZEN

Extreme, Polar, Zero, 10+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

