



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Claire Ryan**

ICE ID : 160 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh**

**03-Dec-2016**

1.0000 mile / 1.61km in 48:29 minutes

Water 4.23°C, Wind Chill 4.20°C, 54.35° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

