



CERTIFICATE OF MEMBERSHIP

This is to certify that
Elizabeth Almond

ICE ID : 476 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Ohio St. Beach, Chicago, IL, USA
03-Dec-2022

1.0100 mile / 1.63km in 31:18 minutes

Water 3.33°C, Wind Chill -1.30°C, Altitude 191m, 41.89° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

