



CERTIFICATE OF MEMBERSHIP

This is to certify that

Carol Commons

ICE ID : 440 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Portumna, Ireland

23-Jan-2022

1.0100 mile / 1.63km in 35:32 minutes

Water 4.97°C, Wind Chill 3.70°C, Altitude 0m, 53.08° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

