

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jaimie Monahan

ICE ID : 178 - ICE MILE : 9

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Ilulissat Harbour, Greenland 10-Jun-2018

1.1000 mile / 1.77km in 29:40 minutes Water 2.43°C, Wind Chill 4.00°C, 69.22° N

> YOU ARE OFFICIALLY FROZEN 5+ ICE MILE

