

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Noel Grimes

ICE ID: 159 - ICE MILE: 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Wild Water Armagh, Ireland 03-Dec-2016

1.0000 mile / 1.61km in 35:35 minutes Water 4.07°C, Wind Chill 4.50°C, 54.35° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



