



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Sam Penny**

ICE ID : 325 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Crackenback, New South Wales, Australia  
30-Jun-2019

1.0000 mile / 1.61km in 25:04 minutes

Water 3.93°C, Wind Chill -2.20°C, 36.44° S

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

