



## CERTIFICATE OF MEMBERSHIP

This is to certify that  
**Benjamin Freeman**

ICE ID : 323 - ICE MILE : 1

has successfully qualified as an ICE member of the  
**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Crackenback, NSW, Australia  
02-Jun-2019

1.0800 mile / 1.74km in 23:54 minutes

Water 4.80°C, Wind Chill 5.30°C, 36.44° S

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

