



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Paul Bieber**

ICE ID : 400 - ICE MILE : 5

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lindau / Therme Lindau

06-Feb-2022

1.0100 mile / 1.63km in 32:36 minutes

Water 4.30°C, Wind Chill -3.60°C, Altitude 403m, 47.32° N

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

