



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chun Kong Mak

ICE ID : 311 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Slavkov n Brna, Czech Republic

04-Mar-2022

Individual Medley

1.0300 mile / 1.66km in 36:59 minutes

Water 4.10°C, Wind Chill 3.00°C, Altitude 213m, 49.09° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

