



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chun Kong Mak

ICE ID : 311 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Danube, Altenwörth, Austria

16-Feb-2020

Butterfly

1.0000 mile / 1.61km in 43:03 minutes

Water 4.77°C, Wind Chill 4.80°C, 48.39° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

