

CERTIFICATE OF MEMBERSHIP

This is to certify that

Adrian Sarchet

ICE ID: 253 - ICE MILE: 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lough Dan, County Wicklow, Ireland 03-Feb-2018

1.0000 mile / 1.61km in 35:30 minutes Water 4.23°C, Wind Chill 3.20°C, 53.07° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



