



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kate Steels**

ICE ID : 110 - ICE MILE : 7

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Simcoe, Beaverton, Canada

21-Apr-2019

1.0000 mile / 1.61km in 31:42 minutes

Water 4.13°C, Wind Chill 7.90°C, 44.43° N

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

