



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nikki Pope**

ICE ID : 236 - ICE MILE : 4

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



jack Darling Memorial Park Mississauga ONTARIO,  
Canada

20-Nov-2019

1.0600 mile / 1.71km in 42:41 minutes

Water 4.50°C, Wind Chill 4.90°C, 43.53° N

**YOU ARE OFFICIALLY FROZEN**

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

