



CERTIFICATE OF MEMBERSHIP

This is to certify that

Donald McDonald

ICE ID : 238 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



lake 32, South Cerney, England

02-Feb-2018

1.0000 mile / 1.61km in 34:28 minutes

Water 4.47°C, Wind Chill 4.60°C, 51.66° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

