

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Diane Hewetson

ICE ID: 254 - ICE MILE: 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Bray Lake, England 03-Feb-2019

1.0000 mile / 1.61km in 46:43 minutes Water 2.83°C, Wind Chill 2.00°C, 51.50° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com