



Age 25 to 29 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 25 to 29 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Rachel Doyle	Crawl	17:40.00	✓	✓		


Age 30 to 34 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Pawe? Trzepiota	Crawl	20:55.00				

Age 30 to 34 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 35 to 39 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Lukasz Tkacz	Breast	19:49.00				


Age 35 to 39 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				



Age 40 to 44 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Rostislav Vitek	Crawl	12:51.00		✓		
2	 REMIGIUSZ GOLEBIEWSKI	Crawl	15:51.00				
3	 Richard Nyary	Crawl	16:05.00				
4	 Milan Stencl	Crawl	18:08.00				
5	 Dezider Pék	Crawl	18:10.00				
6	 Leszek Naziemiec	Crawl	18:11.00				
7	 Maciej Leszczy?ski	Crawl	19:49.00				
8	 Ondrej Pék	Crawl	20:47.00				
9	 Marek Grzywa	Crawl	21:21.00				

Age 40 to 44 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Dana Zbo?ilová	Crawl	19:40.00				

Age 45 to 49 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1	 Marcin Trudnowski	Crawl	16:37.00				
2	 Jakub Valnicek	Crawl	16:53.00				

Age 45 to 49 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				



Age 50 to 54 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 50 to 54 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 55 to 59 - Male

	CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
1		Ram Barkai	Crawl	16:55.00				
2		Jiri Kurina	Breast	24:10.00				

Age 55 to 59 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 60 to 64 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 60 to 64 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 65 to 69 - Male

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Age 65 to 69 - Female

CA	Swimmer Name	Stroke	Time	AR	ER	WR	WC
			None				

Note:
CA = Country Association **Time** = Swim Time (hh:mm:ss)
AR = Age-Group Record **ER** = Event Record **WR** = World Record **WC** = World Championship Record

EVENT DETAILS

Polish Championships - Ice Swimming IISA 1km
Sat, 23rd January, 2016
Katowice

Country:	Poland	Water Temperature:	2.00°C
Country Association:	Poland	Air Temperature:	-5.00°C
World Champs:	No	Wind Speed:	0.00 Mph
National Champs:	Yes	Wind Chill:	0.00°C
Referee:	Leszek Naziemiec	Pool / Lake / Sea:	Lake
Medical Officer:	Leszek Naziemiec	Fresh/Salt Water:	Fresh Water
IISA Official:	Ram Barkai	Lake Loop:	100 metres
Event Director:	Leszek Naziemiec	Swim Distance:	1000 metres